



The NJKettlebells Love Foundation, a 501.3c non-profit organization that provides resources to charities that support and enrich the physical and mental well-being of youth.

FREE Kettlebell Swing Intro Class

Prior to the event, the NJKettlebell Staff will be offering a free Kettlebell Swing Intro-Session, to provide visitors and newcomers with an opportunity to participate in this fun event.

DONATION RECOMMENDATIONS

While any donation is appreciated, the following are some recommendations:

\$0.01 per swing = \$10.00

\$0.05 per swing = \$50.00

\$0.10 per swing = \$100.00

PLEASE BRING NEW ART SUPPLIES

The Love Foundation is in need of the following types of items:

Coloring Books

Crayons

Markers

Colored Pencils

Glitter Glue

Craft Kits

Watercolors

Paint/Color By Number Kits

Play-Doh

Scrapbooking Kits

**Thank You For Your Support.
We Hope To See You July 8!**